



OPIOID TOOLBAR

CURRENTLY AVAILABLE FOR TELUS PS SUITE AND OSCAR EMRS

Developed in collaboration with Guelph FHT, EW FHT, and Telus Health, the Opioid toolbar provides decision support based on current best practice to **promote a safe and effective tapering of opioids** through a practical and individualized patient-based approach.

FEATURES & FUNCTIONALITY

The tool features tapering schedules appropriate for different opioid medication and provides the MEQ score to providers at a glance.

Provides additional assessment and screening tools to explore underlying issues that may have contributed to past unsuccessful tapering attempts.

Reports and graphs individualized patient trends in morphine equivalents over time, to support monitoring of progress.

The 2017 Canadian Guideline for Opioids for Chronic Non-Cancer Pain

National pain center

Canadian Guideline for Safe and Effective Use of Opioids for Chronic Non-Cancer Pain

PRACTICE TOOLKIT

Screeener	Date of Latest	Result	Frequency (mo)
Agreement	Jan 8, 2018		24
Brief Pain Inventory	Jan 8, 2018	Severity: 5.5/10	12
Opioid Risk Tool	Jan 8, 2018	Opioid Risk: 1/15	12
Functional Ability	Jan 8, 2018	Functional ability 50/100	12
Depression PHQ-9	Jan 8, 2018	Depression score 2/27	12
Urine Drug Test	Apr 2, 2018	BSTS	6
Opioid Compliance	Jan 8, 2018	Compliance score 1/12	4

Opioid **MEQ: 105** Meds **Visit** **Screening** Summary Tools Handouts References

Opioid Tapering Schedule

When to consider tapering?

What type of Opioid: Oxycodone MME: 1.50 Dose: 35 mg Frequency: bid MEQ: 105

Tapering schedule: Slow Moderate Fast 53 weeks (12.2 months)

Starting date	#weeks	Daily dose	MEQ	Frequency	Single dose	% original MEQ
1- Jun 5, 2018	2	60	90	bid	30	85%

MEQ < 50
MEQ 50 - 90
MEQ > 90

An overview of the tool depicting the main toolbar alongside the MEQ & Tapering Schedule

"The toolbar showed me the morphine equivalents for each of my patients on opioids and gave me the tools that I needed to optimize their care. It gave me an efficient and effective way to document their management, kept all their screening and monitoring tests complete and up to date, and provided guideline-based decision support tools that allowed me to help them safely taper their doses. The results were evident in their morphine equivalents."

Dr. Kevin Samson, Family Physician, East Wellington Family Health Team

ASSOCIATED GUIDELINES & REFERENCES

Developed in accordance with [The National Pain Centre's 2017 Guideline for Opioids for Chronic Non-Cancer Pain](#)

For more information, please visit: www.ehealthce.ca
or email: emrtools@ehealthce.ca

