

# Prediabetes & Type 2 Diabetes

## EVIDENCE2PRACTICE ONTARIO (E2P) EMR TOOL FOR TELUS PS SUITE, OSCAR PRO, AND ACCURO QHR

### Purpose of the tool:

- ✓ Support the early identification of patients at risk
- ✓ Monitor and assess glycemic targets
- ✓ Provide patient education and coaching resources

### Features of this tool include:

#### Prevention and management

Identifying and flagging pre-diabetic patients while monitoring patient response to treatment for type 2 diabetes through pharmacological therapies.

#### Screening and assessment

Assists in screening for risk factors, diagnoses, and complications for prediabetes and diabetes using standardized testing.

#### Support for patients

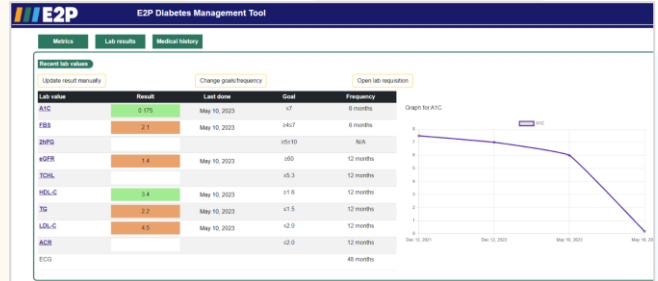
Enables identification of self-management therapies and streamlined navigation of available services and supports, tailored to individual patient needs.



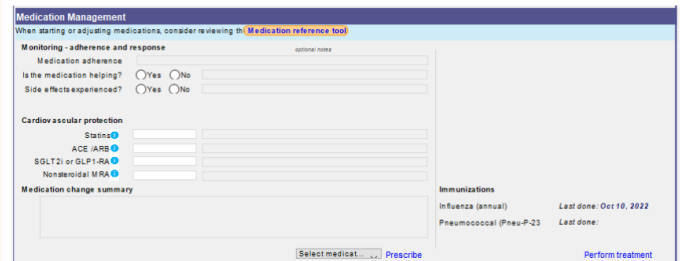
### Get started

To sign up or to learn more, please visit [www.E2P.ca](http://www.E2P.ca) or scan the QR code.

Screenshot from the management module in OSCAR Pro



Screenshot from the medication module in TELUS PS Suite



**Monitoring - adherence and response**

Is the medication helping?  Yes  No

Side effects experienced?  Yes  No

**Cardiovascular protection**

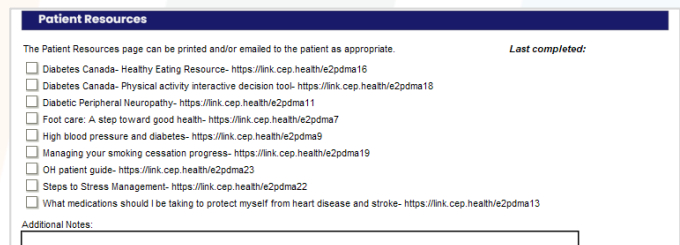
Status:  ACE (ARB)  SGLT2i or GLP1-RA  Nonsteroidal MRA

**Immunizations**

Influenza (annual) Last done: Oct 10, 2022

Pneumococcal (Pneu-P-23) Last done:

Screenshot from the patient resources module in Accuro QHR



**Patient Resources**

The Patient Resources page can be printed and/or emailed to the patient as appropriate. Last completed:

- Diabetes Canada- Healthy Eating Resources- <https://link.cep.health/e2pdma16>
- Diabetes Canada- Physical activity interactive decision tool- <https://link.cep.health/e2pdma18>
- Diabetic Peripheral Neuropathy- <https://link.cep.health/e2pdma11>
- Foot care: A step toward good health- <https://link.cep.health/e2pdma7>
- High blood pressure and diabetes- <https://link.cep.health/e2pdma9>
- Managing your smoking cessation progress- <https://link.cep.health/e2pdma19>
- OH patient guide- <https://link.cep.health/e2pdma23>
- Steps to Stress Management- <https://link.cep.health/e2pdma22>
- What medications should I be taking to protect myself from heart disease and stroke- <https://link.cep.health/e2pdma13>

Additional Notes:

### Services available at no cost

#### Change management:

Enables smooth adoption and effective utilization of the E2P diabetes tool

- Tailored coaching and support for primary care clinicians, allied health professionals and all clinic staff
- Facilitated installation, set-up and tool training
- Review of existing workflows to maximize efficiencies

#### Academic detailing:

1-on-1 discussions with a trained clinical pharmacist to support clinician educational needs and build capacity and confidence to deliver best patient care, including:

- Transitioning patients on brand-name insulin glargine, aspart, or lispro, to a biosimilar brand insulin
- Considering factors beyond A1C lowering, when selecting non-insulin pharmacotherapy

## Accessible. Actionable. Adaptable.

E2P brings together multi-disciplinary, cross-sector expertise under the joint leadership of the [Centre for Effective Practice](#), [eHealth Centre of Excellence](#), and [North York General Hospital](#). Funding and strategic guidance for E2P is provided by Ontario Health in support of Ontario's Digital First for Health Strategy.



Centre for Effective Practice

