## eConsult and eReferral Support the Chronic Pain Pathway

The Ontario eServices Program supports clinicians and patients navigating the health care system to address chronic pain.

## The benefits of the Ontario eServices Program include:



Administrative Time Savings



Improved Clinician Experience



Improved Patient Experience

## **Quick Facts**

- One in five Canadians suffer from chronic pain<sup>1</sup>. Wait times for multidisciplinary chronic pain clinics are extremely long, ranging from 6 months to 5 years<sup>2,3</sup>
- The Ontario eServices Program delivers digital services that:
  - support clinical workflows
  - facilitate smoother transitions in care
- From October 2021 to September 2022, 430 eReferrals and 556 eConsults related to chronic pain in Ontario were processed
- Of the 430 chronic pain eReferrals:
  - There were 409 unique patients. The referrals were sent by 191 unique senders to 16 different receiving sites across the province
- Of the 556 eConsults closed:
  - 27 specialists responded to 406 clinicians
  - Median time spent and response interval were 25 minutes & 1.3 days
  - 61% were resolved without requiring a face- to-face referral

For more information, email <u>eServicesProgram@toh.ca</u> or visit <u>eservicesprogramontario.ca</u>.

"[The specialist] provided the eConsult in a timely manner. He offered an option for pain management that I believe will benefit my client. I am thankful for the expertise he provided to help me continue to manage this client in the community"

eConsult User

"I liked how I got an email informing me that a referral has been received and an appointment would be made shortly. And I appreciate how quickly the appt was provided"

eReferral Patient

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<sup>1.</sup> Schopflocher D, Taenzer P, Jovey R. The prevalence of chronic pain in Canada. Pain Res Manag 2011;16:445–45

<sup>2.</sup> Lynch ME, Campbell F, Clark AJ, Dunbar MJ, Goldstein D, Peng P, Stinson J, Tupper H. A systematic review of the effect of waiting for treatment for chronicpain. Pain 2008;136:97–116.

<sup>3.</sup> Peng P, Choiniere M, Dion D, Intrater H, Lefort S, Lynch M, Ong M, Rashiq S,Tkachuk G, Veillette Y. STOPPAIN Investigators Group. Challenges in acces-sing multidisciplinary pain treatment facilities in Canada. Can J Anaesth2007;54:977–84.[9]